



PROGRAM OVERVIEW

For Faith-Based Recovery™

PROGRAM STRUCTURE

Duration: 8 Weeks **Sessions per week:** 2 **Total Sessions:** 16 **Session Length:** 60 Minutes

Delivery Options: Onsite or Virtual

PROGRAM PURPOSE

The purpose of Faith-Based Recovery™ is to support individuals in recovery through spiritual growth, faith-centered reflection and accountability. This structured peer-led program helps participants strengthen identity, restore hope, and build recovery-focused habits through faith-based encouragement and personal responsibility.

PROGRAM OVERVIEW

Faith-Based Recovery™ is a structured recovery support program designed for individuals seeking healing through faith, reflection, and accountability. This program combines peer-led recovery support with faith-centered principles to help participants strengthen personal awareness, restore purpose, and build confidence in their recovery journey. Participants engage in guided discussion, reflection, and recovery-focused activities that support spiritual growth, emotional healing, and long-term stability.

PROGRAM FOCUS AREAS

- Faith-centered reflection
- Spiritual accountability
- Identity and purpose development
- Recovery encouragement through faith
- Scripture-based personal growth
- Hope and resilience building
- Personal responsibility strengthening
- Stability-focused spiritual support

EXPECTED OUTCOMES

- Participants may:
- Strengthen faith-centered recovery practices
 - Increase spiritual accountability
 - Restore hope and purpose
 - Strengthen personal responsibility
 - Strengthen faith-based daily stability.
 - Improve emotional resilience
 - Build confidence in recovery
 - Strengthen long-term stability

IDEAL SETTINGS

- This program is appropriate for:
- Churches
 - Faith-based recovery ministries
 - Community outreach programs
 - Christian recovery groups
 - Sober living environments
 - Community-based support programs